## NAME

**from** — print names of those who have sent mail

## SYNOPSIS

**from** [ **−c** ] [ **−f** *file* ] [ **−s** *sender* ] [ *user* ]

## DESCRIPTION

The **from** utility prints out the mail header lines from the invoker's mailbox.

The following options are available:

**−c**    Just print a count of messages and exit.

**−f** *file*
       The supplied *file* is examined instead of the invoker's mailbox. If the **−f** option is used, the
       *user* argument should not be used. Read from standard input if file name "**−**" is given.

**−s** *sender*
       Only mail from addresses containing the supplied string are printed.

If *user* is given, the *user*'s mailbox is examined instead of the invoker's own mailbox. (Privileges are required.)

## ENVIRONMENT

MAIL    If set, the location of the invoker's mailbox. Otherwise, the default in /var/mail is used.

## FILES

/var/mail/*

## SEE ALSO

biff(1), mail(1)

## HISTORY

The **from** command appeared in 3.0 BSD.